

October 2024

Volume 29, Issue 10

Manor Musings

October is:

- Bat Appreciation Month
- Breast Cancer Awareness Month
- National Go on a Field Trip Month

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Baskets & Brunch – Annual Fundraiser

Sponsored by, Ebenezer UCC, Litwin Castle Insurance, St. Matthew's UCC, Trautman Associates, West Herr, Fox Run and Orchard Park and The Krog Group.

Our annual fundraiser will be held on Saturday, November 2nd at The Columns Banquets (connected to Alton's) in Elma.

Many quality themed baskets will be raffled off and several silent auction items will be awarded to lucky bidders. We will also have "mini-games" for a chance to win even more prizes.

Proceeds from this fundraiser will be used to continue the Manor's transportation program and continue established tenant events. We would also like to make some additional improvements to the Manor grounds and building.

Tickets for residents and their friends or family are available for \$35 (regular price \$40).

Doors open at 10:00 AM. Brunch will be available from 10:30 AM until Noon.

If you have any questions, please stop in the office. We will be happy to assist you and provide you with any additional information you may need.

Thank you for your support and we hope to see you and your family at the event!

Theme Basket Committee

Sarah's Snip Its

Covid Tests

We have several test kits available in the office. If you would like one to keep on hand, please stop by the office or call us and we can leave it in your mailbox.

Fire Safety

October is Fire Prevention Month! When you hear the fire alarm you must evacuate the building. Use the closest stairway and doors to exit the building. An evacuation route is posted on the back of your apartment door. Once you are out of the building you should meet at one of the two designated meeting areas so you can be accounted for. Apartments 139-145 and 224-237 should meet at the Manor sign and all other units should meet at the garage. If you have any questions, please contact me in the office. The safety of all who live and work here are our number one priority.

Construction

Thank you for your patience while our construction crew has been updating the air conditioning sleeves. It is never easy working on their schedule, so I appreciate your understanding. They should be finished up with their work by the second week of October.



Bedbugs Group 2

Our bedbug preventative maintenance plan will be performed on **Wednesday, October 9th**. Residents in Group 2 will receive information regarding the maintenance in their unit.

Windows

Please, if you open a window in one of our common areas (hallway, stairwell, laundry room), remember to close it during stormy weather and/or at the end of the night. To reduce damage and warping please open the window to only halfway. Thank you for your cooperation.

Market Rate Apartment

Our 1-bedroom market rate apartment is currently for rent. The rent includes heat, water and cable. If you know someone who may be interested, please give them our contact information and we can provide them with an application.

Service Coordination

Rebecca (Becky) Paolini is our HUD Service Coordinator. Her role is to assist tenants in obtaining supportive services they need to continue to live as independently as possible. She provides programs and services to meet the needs and interests of our residents. Recently many of the programs have not been well attended and some were cancelled due to lack of interest. HUD funding of the service coordinator program requires monthly education programs for residents, HUD collects resident attendance of these programs. Multiple event cancellations due to low attendance could affect our funding. Becky has a wealth of knowledge and can connect you a variety of resources. Please consider attending her events and using her services, as she is an advocate for you!

Mailboxes

Please check your mailboxes regularly and remove the mail that is in there. We have a few mail slots that are full, and the mail person cannot deliver to it. I would hate to see you miss out on the Publisher's Clearing House offer.

Holiday Party

Mark your calendars now for our annual holiday party for December 7th. We hope to see everyone there!

Stay Fit Dining

An Oktoberfest lunch will be served on Tuesday, October 8th It will include a Bratwurst with Sauerkraut & Mustard on a Bun, German Potato Salad, Au Gratin Broccoli, and a Chocolate Éclair.



We will celebrate Halloween with Breaded Chicken Drumsticks, Duchess Mashed Potatoes, Peas, a Chef Salad, Dinner Roll, and Banana Cream Pie on Thursday, October 31st.

An entrée Salad will be served on Wednesday, October 23rd.

Just a reminder...

- Reservations should be made by Wednesday of the week preceding the days you want to join us.
- We ask that you notify us when you are unable to attend a meal you have reserved.

A Bit of Humor

The Texas Department of Transportation (TxDOT) found over 200 dead crows on Highway 281 this past week, and there was concern that they may have died from the Coronavirus. A veterinary epidemiologist examined the remains of all the crows, and, to everyone's relief, confirmed the problem was NOT Coronavirus (COVID-19).

The cause of death was actually from vehicular impacts. However, during analysis it was noted that varying colors of paints appeared on the bird's beaks and claws. By analyzing these paint residues it was found that 98% of the crows had been killed by impact with trucks, while only 2% were killed by cars.

TxDOT then hired an Ornithological Behaviorist to determine if there was a cause for the disproportionate percentages of truck kills versus car kills.

The Ornithological Behaviorist quickly concluded that when crows eat road kill, they always have a look-out crow to warn of danger. They discovered that while all the lookout crows could shout "Cah", "Cah" not a single one could shout "Truck"!!!



Maintenance News

- **Please do not throw loose items in the garbage chute. All garbage should be placed in *securely tied* plastic bags before placing in the garbage chute.**
- **Hallway and stairwell windows**
If you open windows in the hallways or stairwells, please remember to close them as it cools down or if it begins to rain.
- **AC Covers** will be installed near the end of October.
- **Please remember...** to call ALL work order requests into the office.
- **Emergency phone number...** for after hours and weekend maintenance emergencies call **716-238-0989**. These calls are automatically forwarded to the staff member on call.
- **Emergency Pull Cords...** should be untied and hanging to the floor.

*After hours
maintenance
emergencies only
716-238-0989*

~ Joe & Dom



Autumn Recipes Shared by Sarah and Becky

Apple Crisp

Pre heat oven to 350 degrees.

6 Apples washed, peeled & sliced
1 Tablespoon Sugar
1 Teaspoon Sugar
1 ½ Teaspoon Lemon Juice
Combine the above ingredients in a bowl and set aside.

¾ Cup of Oatmeal
¾ Cup of Flour
¾ Cup of Brown Sugar
½ Cup of Softened Butter
¼ Teaspoon of Salt

Combine above ingredients, pour the apples in baking dish and cover the apples with the crumb mixture. Bake for 40 minutes or until apples are soft and the top in golden.

Pumpkin Crunch Dump Cake

29 ounces canned pumpkin puree
¾ cup half and half
3 eggs
1 cup brown sugar packed
2 teaspoons pumpkin pie spice
½ teaspoon salt
15.25 ounces yellow cake mix
½ cup pecans roughly chopped
½ cup melted butter

Preheat oven to 350°F. Grease a 9 x 13 inch baking pan and set aside. Whisk together the pumpkin, half and half, eggs, brown sugar, pumpkin pie spice and salt. Pour into the greased pan

Sprinkle with the dry cake mix and top with chopped pecans. Last, drizzle melted butter over everything.

Bake at 350°F for 45-55 minutes, or until a toothpick inserted comes out clean. Let cool and serve with whipped cream.

October Event Highlights

We will be having a Halloween “Trick or Treat”, please bring a bag of candy to the office by Friday, October 25th to participate. We will make up candy bags and pass them out to those who participated on Wednesday, October 30th.

On Sunday, October 6th Lori will be here for crafts and bingo. Crafts begin at 12:00 PM and bingo begins at 2:00 PM.

Bedbug Preventative Maintenance will take place on Wednesday, October 9th beginning at 9:00 AM.

On Wednesday, October 9th a van will transport residents between the Manor, Southgate Plaza, and Save A Lot between 8AM and 12PM. The cost is \$5.00.

Halloween Bingo with Lori will be held on Sunday, October 20th at 2:00 PM. Costumes and snacks are encouraged!

On Wednesday, October 23rd a van will transport residents between the Manor and Walmart, Wegmans, and Aldis on Transit Rd. between 8AM and 12PM. The cost is \$5.00.

A representative from Erie County will be here on Wednesday, October 23rd at 1:00 PM to answer open enrollment and health insurance questions.

On Monday, October 28th there will be a Blood Pressure Clinic at 12:45 PM

Halloween Party!
In conjunction with the meal programs Halloween Lunch we will be having a Halloween Party on Thursday, October 31st at 12:00 PM. Those who wear a costume will receive a free lunch (must sign up with meal program a week in advance)! We will have spooky punch and Halloween activities.

Save the Date!!
Brunch Potluck on Monday, November 11th.

Our annual Holiday Party will be held on Saturday, December 7th. More information will be distributed in November.



Service Coordinator Spot

For Your Information

Open Enrollment Time!

It's that time of year to review your Health Insurance Plans for changes and price increases. If you are satisfied with your current plan, you do not need to do anything. If you would like to switch plans or insurance carriers, then you need to do this during Open Enrollment, which runs from October 15th to December 7th. Please see further information regarding this under Educational & Wellness Programs.

As you look for your best health coverage options, don't forget to keep an eye open for fraudsters!

Open Enrollment can quickly become an "Open Season" for scammers. Watch out for people who:

- Claim they work with Medicare, are an "official Medicare agent" or "represent Medicare". There are no Medicare representatives and Medicare will never cold-call you.
- Say you must join a Medicare prescription plan (also known as Part D). It is voluntary to join a Medicare prescription drug plan.
- Ask for personal information, such as your Medicare number, Social Security number and/or bank information.
- Threaten or pressure you to enroll in their plan. You will not lose your benefits & have the entire Open Enrollment Period to make a decision.
- Offer you gifts to enroll in their plan - it's illegal.



Educational & Wellness Programs

HEALTH INSURANCE COUNSELING

Erie County Dept. of Senior Services
Wednesday, October 23rd
at 1 p.m.

Sue Lord, a Certified Health Insurance Counselor will be here to go over any questions you may have regarding Open Enrollment and Insurance changes. Sue can meet with you individually and go over any questions you may have.

SIGN-IN the day of

BLOOD PRESSURE CLINIC

Catholic Health LIFE
Monday, October 28th
at 12:45 p.m.

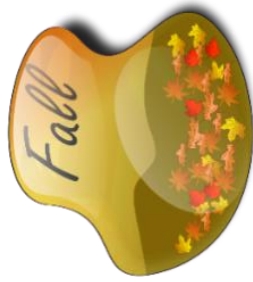
SIGN-IN the day of



I have been in contact with the new SNAP-Ed Nutrition Educator who replaced Olivia. We are working on finding a date that works for both of us. Once we have that date secured, I will let you all know. She is excited to carry on the work and relationship that Olivia built here in the building.



October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Meal Program 12:00 PM	2 Meal Program "50th Anniversary Meal" 12:00 PM ----- Rosh Hashanah	3 Meal Program 12:00 PM	4 Meal Program 12:00 PM	5
6 Craft with Lori 12:00 PM ----- Bingo with Lori 2:00 PM	7 Meal Program 12:00 PM ----- National Forgiveness Day	8 Meal Program "Oktoberfest Meal" 12:00 PM	9 Southgate/ Save A Lot Shopping 8AM - 12PM ----- Meal Program 12:00 PM	10 Meal Program 12:00 PM	11 	12
13	14 Meal Program 12:00 PM ----- Columbus Day/ Indigenous Peoples' Day	15 Meal Program 12:00 PM	16 Meal Program 12:00 PM	17 Meal Program 12:00 PM ----- International Credit Union Day	18 Meal Program 12:00 PM ----- Baskets & Brunch Reservations Due	19
20 Halloween Bingo with Lori 2:00 PM	21 Meal Program 12:00 PM ----- Lung Health Day	22 Meal Program 12:00 PM	23 Transit Road Shopping 8AM - 12PM ----- Meal Program "Entrée Salad" 12:00 PM ----- Open Enrollment & Health Insurance Info 1:00 PM	24 Meal Program 12:00 PM ----- United Nations Day	25 Meal Program 12:00 PM ----- "Trick or Treat" Candy Due	26
27 Reformation Sunday	28 Meal Program 12:00 PM ----- Blood Pressure Clinic 12:45 PM	29 Meal Program 12:00 PM	30 Meal Program 12:00 PM ----- National Candy Corn Day	31 Meal Program "Halloween Meal" 12:00 PM		