

November 2024 Manor at a Glance

Due to time constraints, there will not be a November Manor Musings. We did want to keep you updated on a few items though.

Maintenance Reminder: Please do not open hallway and stairwell windows in cold weather. This will cause the heaters to run non-stop, straining the heat and making it hotter in the building.

November Events

Join Lori in making a Scarecrow Door Hanger on Sunday, November 3rd at 12:00 PM. Bingo will also be held that day at 2:00 PM.

The shopping service to Southgate/Save A Lot will take place on Wednesday, November 6th from 8AM - Noon. The cost is \$5.

Bedbug Preventative Maintenance for Group 3 will take place on Wednesday, November 6th beginning at 9:00 AM.

A Watercolor Painting Class will be held on Wednesday, November 6th at 1:00 PM, with fellow resident, DeSales. Supplies will be provided, be sure to sign up in advance.

On Friday, November 8th, a representative from Erie County will be here at 2:00 PM to go over health insurance options available for residents.

We will be having a brunch potluck in Monday, November 11th at 12:00 PM. Please sign up and share your favorite breakfast or lunch dish with us!

On Sunday, November 17th Bingo will be held at 2:00 PM.

A Senior Health Fair will take place in the Community Room on Monday, November 18th from 1PM – 3PM. Nascentia Health, Stern at Home Therapy, iCircle Health Care, and Liberty Home Care will be available during this time with information and snacks!

The shopping service to Transit Road Shops (Walmart, Wegmans, Tops & Aldis) will take place Wednesday, November 20th from 8AM to Noon. The cost is \$5.

SAVE THE DATE!

Christmas Craft and Bingo with Lori – Sunday, December 1st

Community Tree Trimming – Wednesday, December 4th.

Annual UCM Holiday Party – Saturday, December 7th.

Remember to check the bulletin board often for any new holiday events!

Sarah's Snip Its

Please note we do not have a regular mail delivery person at this time so there are times mail gets placed in other people's boxes. Please bring it to the office or put it under the person's door.

If you receive a letter in the mail about needing to update your electric meter to a "smart meter," it was completed in October.

Due to the confidential information we work with in the office, there will be times when Jen or I will have the door shut for privacy. If you see we have someone in the office it is preferable and polite that you do not barge in but rather come back at another time or make an appointment so we can provide you with our undivided attention.

The business office will be closed on Wednesday, November 6th so Sarah, Jen, and Becky can attend the annual Network in Aging Conference. The office will be closed on November 28 & 29. Have a wonderful Thanksgiving, we have so much to be grateful for.



November Birthdays

Robyn Busch	November 11
Richard Miller	November 13
David Uzdavinys	November 13

Guess the cutie for November!

Let the office know which resident or staff member you think this is and you could win a free meal from the lunch program!



Service Coordinator Spot

For Your Information

Open Enrollment Time!

It's that time of year to review your Health Insurance Plans for changes and price increases. If you are satisfied with your current plan, you do not need to do anything. If you would like to switch plans or insurance carriers, then you need to do this during Open Enrollment, which runs from October 15th to December 7th. Please see further information regarding this under Educational & Wellness Programs.

As you look for your best health coverage options, don't forget to keep an eye open for fraudsters!

Open Enrollment can quickly become an "Open Season" for scammers. Watch out for people who:

- Claim they work with Medicare, are an "official Medicare agent" or "represent Medicare". There are no Medicare representatives and Medicare will never cold-call you.
- Say you must join a Medicare prescription plan (also known as Part D). It is voluntary to join a Medicare prescription drug plan.
- Ask for personal information, such as your Medicare number, Social Security number and/ or bank information.
- Threaten or pressure you to enroll in their plan. You will not lose your benefits & have the entire Open Enrollment Period to make a decision.
- Offer you gifts to enroll in their plan - it's illegal.

If anyone could use hearing aid batteries, I have some in my office. Stop by if you're interested!

CHANGES IN OFFICE HOURS:

Friday, November 29th (Office Closed)

Happy Thanksgiving to you all!!

Educational & Wellness Programs

HEALTH INSURANCE COUNSELING

Erie County Dept. of Senior Services

Friday, November 8th

at 1 p.m.

Sue Lord, a Certified Health Insurance Counselor will be here to go over any questions you may have regarding Open Enrollment and Insurance changes. Sue can meet with you and go over any questions you may have.

Sign in the day of

SENIOR HEALTH FAIR

Monday, November 18th 1-3 p.m.

Representatives from the following agencies will be here to provide information to residents:

Community Care Home Health

Nascentia Health

Stern at Home Therapy

iCircle Health Care

Liberty Home Care

This event will include refreshments, door prizes and giveaways.

Sign up sheet on bulletin board

BLOOD PRESSURE CLINIC

Catholic Health LIFE

November date to be determined-

watch bulletin boards for more information.

Sign in the day of

Snow and Parking

Effective Nov. 1st – April 1st



It is the desire of the United Church Manor to remove snow as soon as it has accumulated in our parking lot during the winter season. The following policy

applies to parking during this period:

- ***No Overnight Parking*** in the area nearest the grass from Nov. 1st to April 1st. This area will be plowed first.
- Please remove cars for the center area before 9:00 AM. This area will be plowed second.
- Cars from the section nearest the building should be moved before 10:00 AM. This area will be plowed third.
- The “Manor” staff is not responsible for clearing the snow off your car or in moving it to another location.



This policy is an orderly way of addressing the parking needs during the winter season. It allows us to do our work without the worry of avoiding people moving about while the truck is in operation.



This policy also allows visitors to the “Manor” to have access to clear parking spaces during the normal hours of business operations.



November 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3 Scarecrow Craft 12:00 PM ----- Bingo w/ Lori 2:00 PM</p>	<p>4 Meal Program 12:00 PM</p> 	<p>5 Meal Program 12:00 PM ----- Election Day</p>	<p>6 Southgate/Save A Lot Shopping 8AM - 12PM ----- Meal Program 12:00 PM ----- Watercolor Class w/ DeSales 1:00 PM ----- Business Office Closed</p> 	<p>7 Meal Program "Veterans Day Meal" 12:00 PM</p>	<p>8 Meal Program 12:00 PM ----- Health Insurance Counseling 1:00 PM</p>	<p>9 2 Baskets & Brunch at The Columns 10:00 AM ----- Remember to turn your clocks back tonight!</p>
<p>10 Sesame Street Day</p>	<p>11 No Meal Program ----- Brunch Potluck 12:00 PM ----- Veterans' Day</p>	<p>12 Meal Program 12:00 PM</p>	<p>13 Meal Program "Soup & Sandwich" 12:00 PM</p>	<p>14 Meal Program 12:00 PM</p>	<p>15 Meal Program 12:00 PM ----- Steve Irwin Day</p>	<p>16 Doctor Who Day</p>
<p>17 Bingo w/ Lori 2:00 PM</p>	<p>18 Meal Program 12:00 PM ----- Senior Health Fair 1:00 PM - 3:00 PM</p>	<p>19 Meal Program 12:00 PM ----- Library Reserved 6PM - 8PM</p>	<p>20 Transit Road Shopping 8AM - 12PM ----- Library Reserved 10:30 AM - 11:30 AM ----- Meal Program 12:00 PM</p>	<p>21 Office Closed 9AM - 12PM ----- Meal Program "Entree Salad" 12:00 PM</p>	<p>22 Meal Program "Taco Day" 12:00 PM</p>	<p>23 Office Closed</p>
<p>24</p>	<p>25 Meal Program 12:00 PM</p>	<p>26 Meal Program "Thanksgiving Meal" 12:00 PM</p>	<p>27 Meal Program 12:00 PM</p>	<p>28 Happy Thanksgiving Office Closed ----- No Meals Served</p> 	<p>29 Office Closed ----- No Meals Served ----- Black Friday</p>	<p>30 Small Business Saturday</p>